### EATING INDEPENDENTLY TASTES THE BEST.

After all, shaky hands, limited movement in the neck or the lack of a functional second hand make it nearly impossible for people with these disabilities to eat and drink on their own. Having to be fed or spilling on the table or yourself can have a negative effect on self-esteem and even lead to refusal to eat.

The supportive features in the ORNAMIN tableware compensate for just these types of disability and facilitate independent and carefree eating and drinking. They hold products securely in place on the table, prevent them from slipping out of hands and, like an invisible second hand. allow people with just one hand to eat on their own with ease. And 'invisible' is just the right word, as all these features are incorporated into the design in such a way that they are hardly noticeable at first glance.



#### **MUGS WITH INTERNAL CONE:**

- make drinking easier due to the cone-shaped interior
- handles allow secure hold
- model 207: ergonomical XXL-handle
- model 815: two ergonomical XXI -handles
- thermal function keeps drinks warm or cold as required
- intuitive use



## **TREMOR SPOON GUARD:**

- ensures that the food stays put even with shaky hands
- the perfect and descreet addition to ordinary dinina spoons
- tasteless material
- pleasant feeling in your mouth while eating
- easy to use

ි දී

INTERNAL CONE •

THERMAL

FUNCTION

• for multiple uses





# THE INVISIBLE DRINKING LIDS:

- intuitive use: drinking from all sides possible
- sit discreetly inside cups and mugs
- prevent splashes and spills
- fit a large range of mugs by ORNAMIN









Please scan the code to watch the product video:

www.ornamin.co.uk/internal-cone

www.ornamin.co.uk/tremor-spoon

# PLATES AND BOWL WITH SLOPED BASE:

• make eating easier due to: • a sloped base • a discreet protrudina lip • a non-slip ring on the bottom • available in three sizes: Ø 15.5 cm, Ø 20 cm, Ø 26 cm









# EATING AND DRINKING WITH **PARKINSON'S DISEASE**.

Aids, tips and ideas for everyday life.



#### **STAY ACTIVE AND RETAIN** INDEPENDENCE.

Alongside dementia and Alzheimer's, Parkinson's Disease is one of the most common diseases of the central nervous system. Around 4.1 million people suffer from Parkinson's around the world and this figure is expected to double to 8.7 million by 2030.

The clearest symptom of Parkinson's is shaking. The tremor is often seen particularly clearly at rest. For those affected, the psychological stress is compounded by the visible nature of the illness: the slower movements, muscle stiffness, postural instability and swallowing disorders cannot be hidden from outsiders.

Everyday aids cannot influence the course of the disease or alleviate the symptoms, but they do give Parkinson's sufferers a bit of their quality of life back and help them to live life more independently



### **FEATURES FOR INDEPENDENT EATING AND DRINKING.**

When the body no longer wants to obey because of changes in the central nervous system, those affected by Parkinson's often resort to avoidance strategies and opt to isolate themselves because of the shame they feel. Simple movements, such as holding a knife and fork, can no longer be mastered.

Enjoyment and happiness are buried by helplessness. Relatives often try to do as much as they can for the sufferer and support them with small and larger hand movements, starting with buttering bread. But it is these everyday activities such as washing and preparing food that should be practised for as long as possible.

The colourful ORNAMIN family tableware uses supportive features integrated into the universal design to help retain and promote independence and happiness at the dining table. Together with support from speech therapists, occupational therapists and physiotherapists, people suffering from Parkinson's can retain some quality of life in spite of limited coordination and restrictions in fine motor skills.

## **OUR EATING AND DRINKING AIDS...**



...help with retaining and promoting independence thanks to their intuitive handling (universal design).

...provide orientation for those with limited vision thanks to the colourful contrasts.

...relieve those affected and their carers and helpers of some of the burden.



...make eating and drinking with limited motor skills in hands, arms and neck easier.

Please scan the code for more information on the supportive features:



On www.parkinsons.org.uk you can find help and advise given by Parkinson's UK. There are local advisors listed who can give you information and support concerning your life with Parkinson's - whether you are affected or a concerned relative or friend. In addition you can ask for Parkinson's nurses. They are experienced reaistered general nurses with specialist experience, knowledge and skills in Parkinson's.

www.ornamin.co.uk/features

## MORE INFORMATION **ABOUT PARKINSON'S.**

#### Bernhard König, Association for Parkinson Nurses and Assistants (VPNA e.V.):

'Alongside dementia and Alzheimer's, Parkinson's Disease is one of the most common diseases of the central nervous system. Its symptoms cause sufferers and relatives anxiety: the muscles and motor system cannot be controlled in the way we are used to controlling them. This makes social situations and activities in particular more difficult: those affected are ashamed of their disability and start to retreat more and more, including refusing to eat with others. To be dependent on help is a huge challenge, particularly at the start of an illness. Everyday aids should therefore not only be functional, but be designed in as appealing a way as the tableware by ORNAMIN.'

For more information about the subject of eating and drinking with disabilities and to www.ornamin.co.uk/topics.

# Ornamin Ltd.

4200 Waterside Centre Solihull Parkway

team@ornamin.co.uk

#### Made in Germany



#### www.ornamin.co.uk

