# EATING INDEPENDENTLY TASTES THE BEST.

After all, shaky hands, limited movement in the neck or the lack of a functional second hand make it nearly impossible for people with these disabilities to eat and drink on their own. Having to be fed or spilling on the table or yourself can have a negative effect on self-esteem and even lead to refusal to eat.

The supportive features in the ORNAMIN tableware compensate for just these types of disability and facilitate independent and carefree eating and drinking. They hold products securely in place on the table, prevent them from slipping out of hands and, like an invisible second hand. allow people with just one hand to eat on their own with ease. And 'invisible' is just the right word, as all these features are incorporated into the design in such a way that they are hardly noticeable at first glance.



# PLATES AND BOWL WITH SLOPED BASE:

- make eating easier due to: • a sloped base
- a discreet protrudina lip
- a non-slip ring on the bottom
- available in three sizes: Ø 15.5 cm, Ø 20 cm, Ø 26 cm



Please scan the code to watch the product video:



#### **MUGS WITH INTERNAL CONE:**

- make drinking easier due to the cone-shaped interior
- handles allow secure hold
- model 207: ergonomical XXL-handle
- model 815: two ergonomical XXL-handles
- thermal function keeps drinks warm or cold as required

Two Handled Mug

with Internal Cone

815

Mug with

Internal Cone

207

intuitive use

Mug with

Internal Cone

905

nsumer

ward 2011

the product video:

Please scan the code to watch





- THERMAL FUNCTION







**Food Preparation** Help



Please scan the code to watch the product video:

www.ornamin.co.uk/sloped-base

www.ornamin.co.uk/internal-cone

# **NON-SLIP BOARDS:**

- non-slip bottom
- raised on three sides of the
- boards, the edges prevent
- bread from slipping
- great assistant for one-handed eating
- the perfect addition for vegetables and fruits: the Food Preparation Help
- available in two sizes





# EATING AND DRINKING **AFTER A** STROKE.

Aids, tips and ideas for everyday life.







# **COMES FROM NOWHERE -BUT CHANGES EVERYTHING.**

A stroke, also called apoplexy, brain injury or cerebral infarction, is a disease that strikes abruptly, literally striking the sufferer and seeminaly coming out of nowhere. Nothing is like it was before – a stroke can change your whole life in the space of a minute. And often not just the lives of those immediately affected.

While quick assistance is needed when the symptoms appear, those affected and their relatives need to take it slowly during rehabilitation and aftercare – and they also need good daily assistance.

After a stroke, everyday movement sequences need to be relearned quickly by practising. This also involves independent eating and drinking – because it promotes feelings of self-esteem and enjoyment.



# FEATURES FOR INDEPENDENT EATING AND DRINKING.

The possible consequences of a stroke, such as hemipleaia, sensitivity problems with arms and leas, and speech and vision problems make it hard for many stroke patients and carers to reagin a sense of equilibrium in everyday life. Things that were a regular part of everyday life become a challenge – including eating and drinking.

This is where the colourful and functional tableware by ORNAMIN can help those affected to retain and improve their independence. The plates, cups and boards with a universal design are characterised by their intuitive handling. The little supportive features hidden in the design make everyday challenges easier to overcome.

Carers shouldn't make it too easy for those affected by taking over hand movements such as buttering bread or ladling soup, even if their actions are well-intentioned. After all, only through constant practise and trying can the lost skills be restored and retained.

The Stroke Society gives you full information on their website and helps you how to deal with a stroke whether you are affected or a concerned relative. In addition you can find a list on the website with local support services in your area. There are a lot of people experiencing the same thing and it is often helpful to share experiences.

### OUR EATING AND DRINKING AIDS...

...help with retaining and promoting independence thanks to their intuitive handling (universal design).

...provide orientation for those with limited vision thanks to the colourful contrasts.

...relieve those affected and their carers and helpers of some of the burden.

...make eating and drinking with limited motor skills in hands, arms and neck easier.

Please scan the code for more information on the supportive features:



'In our self-help group for children who have had strokes and their parents, eating with a disability is a recurring theme. I came across ORNAMIN tableware through some acquaintances. Many affected families in our self-help group now use, the plate with the Sloped Base, the cup with Non-Slip Flower and the Non-Slip Board by ORNAMIN. The invisible supportive features enable self-sufficient eating in spite of motor restrictions and make the everyday life of people who have suffered strokes easier.'

#### Birte, stroke patient:

'In the first few years following my stroke, I was very tired and floppy. It was difficult for me to go



through everyday life only using the left and a not fully functional right hand. On some days I can now even hold things steady with my left hand and cut with my right. It's really hard but I practise a lot. ORNAMIN tableware really helps me in this. It makes my everyday life easier and aives me a bit of independence back because I'm no longer dependent on other people - that's what I call freedom.'

For more information about the subject of eating and drinking with disabilities go to www.ornamin.co.uk/topics.

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#### Anja, leader of a self-help group:

